



Dallas Park and Recreation Department

The Dallas Golden Games

2025 Information Packet

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|----------------------------|---|
| EVENT DATES: | September 2, 2025—September 12, 2025 |
| REGISTRATION DATES: | August 14, 2025—August 31, 2025 |
| ORGANIZING AGENCY: | Dallas Park & Recreation Department, Senior Program Division |
| CONTACT: | 214-671-1602 pkrseniorprograms@dallas.gov |
| WEBSITE: | www.dallasparks.org |

WELCOME

Get Ready for Fun, Fitness, and Friendship!

The Dallas Park and Recreation Department's Senior Program Division is thrilled to invite you to the 2025 Dallas Golden Games—a vibrant celebration of active living for adults ages 50 and better! This exciting event gives you the chance to showcase your skills and competitive spirit in a variety of fun and engaging sports and games.

The fun doesn't stop there! All year long, the Senior Program Division brings enriching programs to neighborhoods across the City of Dallas. We are proud to enhance the lives of Active Senior Adults 60+ through dynamic recreation and leisure opportunities that support your lifestyle.

Join us Monday through Friday, 9 a.m.—1 p.m. at one of our 43 Recreation Centers. Each day is filled with meaningful activities designed around our three core areas:

- Health and Wellness
- Socialization
- Arts and Culture

You will find something just for you—from aerobics, walking clubs, and weight training to bridge, dominoes, arts & crafts, book clubs, nutrition classes, and even volunteer opportunities. There's always something new to try and someone new to meet!

Come be a part of something special!

Stop by your nearest Recreation Center or reach out to the Senior Program Division—we would love to help you find the perfect activities that fit your interests and keep you active, connected, and inspired!

Senior Program Division

214-671-1602

pkrseniorprograms@dallas.gov

TABLE OF CONTENTS

Registration Information 4

Packet Pick-Up 5

Eligibility 5

Age Categories5

Proof of Age 5

Refund Policy 6

Rules 7

Equipment 7

Inclement Weather 7

Participation in Multiple Events 7

Doubles Events 7

Opening Ceremony 7

Competitive Events 8 - 14

Event Schedule 15 - 16

Waiver 17

REGISTRATION INFORMATION

REGISTRATION FEES

A **\$25 Registration Fee** is required to participate in the Dallas Golden Games. This fee is in addition to the cost of each individual event in which an athlete chooses to compete. Some sports include multiple events (e.g., swimming or track & field), each with its own associated entry fee. Please review the event list carefully when registering to ensure all applicable fees are included.

ONLINE REGISTRATION

Getting signed up is easy! Use the links below to get started.

- Create an Account (New Users)
 - If you do not have an account [Click Here](#) to create one.
- Sign In (Returning Users):
 - If you already have an account, [Click Here](#) to sign in.

- Register for Events:

Once you are signed in, click the links below to register for the sport you would like to participate in.

[Golden Games – Basketball](#)
[Golden Games – Billiards](#)
[Golden Games – Bowling](#)
[Golden Games – Chair Volleyball](#)
[Golden Games – Cornhole](#)
[Golden Games – Dominoes](#)
[Golden Games – Golf](#)
[Golden Games – Pickleball](#)
[Golden Games – Swimming](#)
[Golden Games – Table Tennis](#)
[Golden Games – Tennis](#)
[Golden Games – Track & Field](#)

Registration closes Sunday, August 31, at 11:59 p.m.

IN-PERSON REGISTRATION

Prefer to register in person? No problem! Bring your completed registration form and payment (Visa or MasterCard only) to the Paul Dyer Administration Building (10031 E. Northwest Highway, Dallas, 75238)

Registration hours: Wednesday, August 20th 8:30 a.m. - 12 p.m. **OR** Tuesday, August 26th 8:30 a.m. - 12 p.m.

- You can also register in person at any City of Dallas Recreation Center.

GENERAL INFORMATION

PACKET PICK-UP

Packets will be available for pick up on the day of your event/competition.

ELIGIBILITY

All athletes must be at least 50 years old to compete. Your competition age is determined by how old you are on or before December 31, 2025.

AGE CATEGORIES

Participants will complete in one of the following age groups for individual and/or doubles events:

- 50-54
- 55-59
- 60-64
- 65-69
- 70-74
- 75-79
- 80-84
- 85-89
- 90+

For Doubles and Mixed Doubles, the team will compete in the age category of the oldest partner.

PROOF OF AGE

All athletes may be asked to provide proof of age during the Golden Games.

Failure to provide valid proof will result in disqualification.

For team sports: If a team member is underage or incorrectly listed on the roster, causing the team to compete in the wrong age group, the entire team will be disqualified.

REFUND POLICY

REFUNDS

Participants may receive a full refund (minus a \$5 administrative fee) if the request is made more than five (5) business days before the scheduled start date of the activity.

Refund request made within five (5) business days of the start date **will not** be granted.

MEDICAL REFUNDS

Medical refund requests made prior to the start date of the activity will be granted in full.

A doctor's note is required for all medical refund requests.

If a medical refund request is submitted after the start of an activity, a prorated refund may be granted. All medical refund requests must be submitted with proper documentation within one (1) month of the activity or reservation date.

CANCELLATIONS BY THE PARK AND RECREATION DEPARTMENT

If a course is canceled due to low enrollment or other circumstances, participants may choose one of the following options:

1. Transfer the registration to another available course.
2. Receive a full refund.

ADDITIONAL INFORMATION

- To request a refund, please contact the Senior Program Division at 214-671-1602.
- Refunds for credit card payments will be credited back to the original card used.
- Prices are subject to change without prior notice due to unforeseen circumstances.
- Refunds cannot be granted for non-recoverable costs, such as hotel bookings or pre-paid admission fees.

ADDITIONAL INFORMATION

RULES

All events will be conducted in accordance with the official rules of the Texas Senior Games Association and the National Senior Games Association (2025 edition), unless otherwise specified by event organizers.

EQUIPMENT

Participants are responsible for providing their own equipment unless otherwise noted in the specific event guidelines.

INCLEMENT WEATHER / UNUSUAL CIRCUMSTANCES

The City of Dallas Golden Games reserves the right to cancel or reschedule any event due to inclement weather, low registration or other unforeseen circumstances beyond its control. In the event of a venue change or cancellation, participants will be notified by phone or prior to the scheduled event.

PHYSICAL CONDITION

Participants are strongly encouraged to consult with their physician prior to competing in the Dallas Golden Games. Proper preparation and training are also recommended to ensure safe and successful participation.

PARTICIPATION IN MULTIPLE EVENTS

Athletes are welcome to register for multiple events, provided that event times do not conflict. Please note that event schedules will not be adjusted to accommodate individual participation in multiple activities. Participants must be part of an established team to compete in team or doubles events, as partners will not be assigned. It is the participant's responsibility to arrive on time and be present for each registered event. **No refunds will be issued** for missed events due to scheduling conflicts.

DOUBLES EVENTS

Athletes must register with a partner to participate in doubles or mixed doubles events. Partners must be identified at the time of registration, and substitutions or assignments will not be made by event organizers.

OPENING CEREMONY

All participants and their guests are invited to attend the Opening Ceremony on Tuesday, September 2, 2025 at 10 a.m. at Old City Park, located at 1515 S. Harwood St., Dallas, TX 75215. Join us for a morning of celebration featuring entertainment, refreshments, and community fun to kick off the Dallas Golden Games!

COMPETITIVE EVENTS

TUESDAY, SEPTEMBER 2, 2025

FUN RUN / WALK

Location: Old City Park (1515 S. Harwood St., Dallas, TX 75215)

Event Fee: Free to Participate

- Join us as we kick off the 2025 Dallas Golden Games with a Fun Run/Walk on Tuesday, September 2, 2025 at beautiful Old City Park! This exciting opening event is open to all registered athletes and is a great way to get moving, meet fellow competitors, and set the tone for a fantastic season of friendly competition and fun. Don't miss this energetic start to the Games!

ARCHERY

Location: Old City Park (1515 S. Harwood St., Dallas, TX 75215)

Event Fee: Free to Participate

- We are excited to launch the 2025 Dallas Golden Games with our first-ever competitive Archery event. This marks the debut of archery here in Dallas at the Games, and we can't wait to see our athletes take aim and hit their mark. Join us as we make history and kick off the Games with precision and excitement!

THURSDAY, SEPTEMBER 4, 2025

BOWLING

Location: Forum Bowling Lanes (2001 S. Great Southwest Pkwy., Grand Prairie, TX 75051)

Event Fee: \$15 per player (Includes shoe rental and lunch)

- Strike up some fun at the Dallas Golden Games! Bowling is always a crowd favorite, offering friendly competition in a relaxed and social atmosphere. Whether you are a seasoned bowler or just enjoy the game, this event is a great way to show your skills and connect with fellow athletes. Lace up your shoes and get ready to roll a great game!

BILLARDS

Location: Singing Hills Recreation Center (6805 Patrol Way, Dallas, TX., 75241) **and**

WellMed Senior Activity Center (3701 W. Camp Wisdom Rd. Suite 170, Dallas, TX 75237)

Event Fee: \$5 per player

- Put your skills to the test in this classic game of focus and finesse! Billiards is a great way to challenge your precision, strategy, and concentration. Whether you are a seasoned player or just enjoy a good game, join us for some friendly competition and cue up the fun at Dallas Golden Games! Players must bring their own cue stick.

COMPETITIVE EVENTS

FRIDAY, SEPTEMBER 5, 2025

TENNIS

Location: Fretz Tennis and Pickleball Center (6998 Belt Line Rd., Dallas, TX 75254).

Event Fee: \$15 per player per event

- Compete in Singles, Doubles, or Mixed Doubles in this exciting event! Matches will follow a best 3 sets format with regular scoring. Balls will be provided. Doubles participants must register with their partner. If you enter more than one event, please note that you may be scheduled to play a match each day for each event. Be sure to mark your selections clearly on the entry form. Let the games begin!

BILLARDS

Location: Singing Hills Recreation Center (6805 Patrol Way, Dallas, TX., 75241) **and**

WellMed Senior Activity Center (3701 W. Camp Wisdom Rd. Suite 170, Dallas, TX 75237)

Event Fee: \$5 per player

- Put your skills to the test in this classic game of focus and finesse! Billiards is a great way to challenge your precision, strategy, and concentration. Whether you are a seasoned player or just enjoy a good game, join us for some friendly competition and cue up the fun at Dallas Golden Games! Players must bring their own cue stick.

SATURDAY, SEPTEMBER 6, 2025

PICKLEBALL (INDOOR)

Location: Harry Stone Recreation Center (2403 Millmar Dr., Dallas, TX., 75228)

Event Fee: \$15 per player per event

- **Doubles & Mixed Doubles**
 - All players must register with a partner. No partner matching will be provided.
 - Players must bring their own paddle; balls will be provided.
 - Double elimination format.
 - Matches: Best 2 out of 3 games to 11 (win by 2).
 - Consolation Matches: 1 game to 15 (win by 2).
 - *Note: This is a non-sanctioned tournament.*

COMPETITIVE EVENTS

SATURDAY, SEPTEMBER 6, 2025

TABLE TENNIS

Location: Marcus Recreation Center (3003 Northhaven Rd., Dallas, TX., 75229)

Event Fee: \$15 per player per event

- Join us for Singles, Doubles, and Mixed Doubles competition! Balls will be provided. The tournament format will be determined based on the number of entries received. Doubles participants must register with a partner.

TRACK AND FIELD

Location: Greenhill School (4141 Spring Valley Rd., Dallas, TX 75001)

Event Fee: \$5 per event

- Races: 50m, 100m, 200m, 400m, 800m, and 1500m
- Field Events: Discus, Shot Put, High Jump, Long Jump, Triple Jump, Softball Throw
- Competitors must provide their own equipment for field events

SUNDAY, SEPTEMBER 7, 2025

PICKLEBALL (INDOOR)

Location: Harry Stone Recreation Center (2403 Millmar Dr., Dallas, TX., 75228)

Event Fee: \$15 per player per event

- **Doubles & Mixed Doubles**
 - All players must register with a partner. No partner matching will be provided.
 - Players must bring their own paddle; balls will be provided.
 - Double elimination format.
 - Matches: Best 2 out of 3 games to 11 (win by 2).
 - Consolation Matches: 1 game to 15 (win by 2).
 - *Note: This is a non-sanctioned tournament.*

COMPETITIVE EVENTS

SUNDAY, SEPTEMBER 7, 2025

SWIMMING (OUTDOOR)

Location: The Cove Aquatic Center at Samuell Grand (3201 Samuell Blvd., Dallas, TX., 75223).

Event Fee: \$5 per event

- **Events include:**
 - Backstroke: 50y, 100y, 200y
 - Breaststroke: 50y, 100y, 200y
 - Butterfly: 50y, 100y, 200y
 - Freestyle: 50y, 100y, 200y, 500y
 - Individual Medley: 100y, 200y
 - All events are *timed finals*.
 - Swimmers must provide their own swimwear, goggles, towels, and accessories.

MONDAY, SEPTEMBER 8, 2025

DOMINOES

Location: Beckley Saner Recreation Center (114 W. Hobson Ave., Dallas, TX., 75224)

Event Fee: \$5 per player

- Gather your friends and test your strategy and skill in a fun and social game of Dominoes! This classic game offers a great way to connect, compete, and enjoy friendly matches. Whether you are a seasoned player or new to the game, everyone is welcome to join the fun!
- Tournament format will be determined based on the number of entries received.

COMPETITIVE EVENTS

TUESDAY, SEPTEMBER 9, 2025

BASKETBALL

Location: Beckley Saner Recreation (114 W. Hobson Ave., Dallas, TX., 75224)

Event Fee: \$5 per player per event

- **Men's Free Throw**
 - Ages 50-69: Best of 25 shots from standard 15-ft free throw line.
 - Ages 70+: Best of 25 shots from adjusted 11-ft free throw line.
- **Women's Free Throw**
 - Ages 50-59: Best of 25 shots from standard 15-ft free throw line.
 - Ages 60+: Best of 25 shots from adjusted 11-ft free throw line.
- **Men's Around the World**
 - Ages 50+: Five shooting locations around the 3-point line; 3 shots per location. Each participant has 3 minutes to complete the challenge.
- **Women's Around the World**
 - Ages 50+: Five shooting locations around the 3-point line; 3 shots per location. Each participant has 3 minutes to complete the challenge.

BASKETBALL

Event Fee: \$80 per team for 3-on-3 Basketball Teams

- **Registration Fees:**
 - Each player must pay a \$25 individual registration fee
 - Team Captains are responsible for paying the \$80 team entry fee
- **Men's 3-On-3 Basketball**
 - Age Divisions: 50-59, 60-69, 70-74, 75+
 - Game Format:
 - Ages 50-74: Two 15-minute halves or play to 21 points, whichever comes first.
 - Ages 75+: Two 12-minute halves.
 - Team Composition:
 - 3 players on the court at a time
 - Maximum of 8 players per team roster
 - All team members must wear matching shirts of like color and design

COMPETITIVE EVENTS

TUESDAY, SEPTEMBER 9, 2025

BASKETBALL

- **Women's 3-On-3 Basketball**
 - Age Divisions: 50-59, 60-69, 70-74, 75+
 - Game Format:
 - Ages 50-74: Two 15-minute halves or play to 21 points, whichever comes first.
 - Ages 75+: Two 12-minute halves.
 - Team Composition:
 - 3 players on the court at a time
 - Maximum of 8 players per team roster
 - All team members must wear matching shirts of like color and design

WEDNESDAY, SEPTEMBER 10, 2025

GOLF

Location: Tenison Golf Course (3501 Samuell Blvd., Dallas, TX., 75223)

Event Fee: \$80 per player

- **36-Hole Scratch Play**
 - Conducted over two days. Medals awarded based on combined 36-hole score. USGA rules apply.
- **18-Hole Scratch Play (Ages 85+)**
 - Played over two days with medals awarded based on cumulative score.

COMPETITIVE EVENTS

THURSDAY, SEPTEMBER 11, 2025

CORNHOLE (INDOOR)

Location: Lake Highlands North Recreation Center (9940 White Rock Tr., Dallas, TX., 75238)

Event Fee: \$5 per player per event

- Join us for some friendly indoor fun with Cornhole! This popular game combines skill and strategy in a relaxed, social setting. Whether you are a seasoned pro or new to the game, it's a great way to connect with others and enjoy some lighthearted competition. We'll be playing Singles, Doubles and Mixed Doubles, so there's something for everyone.

GOLF

Location: Tenison Golf Course (3501 Samuell Blvd., Dallas, TX., 75223)

Event Fee: \$80 per player

- **36-Hole Scratch Play**
 - Conducted over two days. Medals awarded based on combined 36-hole score. USGA rules apply.
- **18-Hole Scratch Play (Ages 85+)**
 - Played over two days with medals awarded based on cumulative score.

FRIDAY, SEPTEMBER 12, 2025

CHAIR VOLLEYBALL

Location: Nash-Davis Recreation Center (3701 N. Hampton Rd., Dallas, TX., 75212)

Event Fee: \$80 per team (6 players with 2 substitutes)

- Chair Volleyball is a modified version of volleyball, played while seated using a smaller court, lower net and a light weight ball. While this sport is not currently recognized by NSGA, we've added it to our line up due to the overwhelming popularity and enthusiastic participation from our A.S.A.P. members at the recreation centers.
- Teams from outside the City of Dallas are welcome to participate! Please note that associated registration fees will apply to both City of Dallas residents and non-residents.
- Team Captains are responsible for paying the \$80 team entry fee

Chair Volleyball will serve as the exciting closing event of this year's Dallas Golden Games—don't miss your chance to end the Games with a bang!

EVENT SCHEDULE

EVENT CHECK IN BEGINS ONE HOUR PRIOR TO LISTED EVENT START TIME.

| DATE | EVENT | EVENT START TIME | LOCATION | EVENT FEE |
|-------------------------|---|------------------|---|------------------------------|
| Tuesday, September 2nd | Opening Ceremonies Fun Run / Walk Archery | 10 a.m. | Old City Park 1515 S. Harwood St. Dallas, TX 75215 | FREE |
| Thursday, September 4th | Billiards | 9 a.m. | Singing Hills Senior Ctr. 6805 Patrol Way Dallas, TX 75241 | \$5 per person |
| | Billiards | 9 a.m. | WellMed Senior Activity Center 3107 W. Camp Wisdom Dallas, TX 75237 | \$5 per person |
| | Bowling | 10 a.m. | Forum Bowling Lanes 2001 S. Great SW Pkwy. Grand Prairie, TX 75051 | \$15 per person |
| Friday, September 5th | Billiards | 9 a.m. | Singing Hills Senior Ctr. 6805 Patrol Way Dallas, TX 75241 | \$5 per person |
| | Billiards | 9 a.m. | WellMed Senior Activity Center 3107 W. Camp Wisdom Dallas, TX 75237 | \$5 per person |
| | Tennis | 8 a.m. | Fretz Tennis & Pickleball Center 6998 Belt Line Road Dallas, TX 75254 | \$15 per person per event |
| Saturday, September 6th | Pickleball | 8 a.m. | Harry Stone Recreation Center 2403 Millmar Dr. Dallas, TX 75228 | \$15 per person per event |
| | Table Tennis | 8 a.m. | Marcus Recreation Center 3003 Northhaven Rd. Dallas, TX 75229 | \$15 per person per event |
| | Track and Field | 8 a.m. | Greenhill School 4141 Spring Valley Rd. Dallas, TX 75001 | \$5 per event |

EVENT SCHEDULE

EVENT CHECK IN BEGINS ONE HOUR PRIOR TO LISTED EVENT START TIME.

| DATE | EVENT | EVENT START TIME | LOCATION | EVENT FEE |
|---------------------------|---------------------------|------------------|---|--|
| Sunday, September 7th | Pickleball | 8 a.m. | Harry Stone Recreation Center 2403 Millmar Dr. Dallas, TX 75228 | \$15 per person per event |
| | Swimming | 8 a.m. | The Cove at Samuell Grand 3201 Smauell Blvd. Dallas, TX 75223 | \$5 per person |
| Monday, September 8th | Dominoes | 9 a.m. | Beckley Saner Recreation Center 114 W. Hobson Ave. Dallas, TX 75224 | \$5 per person |
| Tuesday, September 9th | Basketball Men & Women | 9 a.m. | Beckley Saner Recreation Center 114 W. Hobson Ave. Dallas, TX 75224 | \$5 per person Per event \$80 per team |
| Wednesday, September 10th | Golf | 8 a.m. | Tenison Park Golf Course 3501 Samuell Blvd. Dallas, TX 75223 | \$80 per person |
| Thursday, September 11th | Cornhole | 9 a.m. | Lake Highlands North Recreation Center 9940 White Rock Trail Dallas, TX 75238 | \$5 per person |
| | Golf | 8 a.m. | Tenison Park Golf Course 3501 Samuell Blvd. Dallas, TX 75223 | \$80 per person |
| Saturday, September 12th | Chair Volleyball | 9 a.m. | Nash-Davis Recreation Center 3710 N. Hampton Rd. Dallas, TX 75212 | \$40 per person |

WAIVER

1. By registering in the Dallas Golden Games, which is sponsored by the Park and Recreation Department of the City of Dallas, I hereby release, waive, discharge, covenant not to sue, and agree to hold harmless for any and all purposes the City of Dallas, its Council and its members, its boards and commissions and their members, its officers, employees, servants, agents, volunteers, successors, assigns, and any other person acting under its permission and authority (collectively herein referred to as "CITY") from and all liabilities, claims, demands, injuries (Including death), or damages including court costs and attorney's fees and expenses, that I may sustain while participating in the activity, while traveling to and from the activity, while on the premises owned or leased by the CITY, or otherwise in the care of the CITY, **including injuries sustained as a result of the sole, joint, or concurrent negligence, negligence per se, statutory fault, or strict liability of the CITY.** I understand this waiver does not apply to injuries caused by intentional or grossly negligent conduct.
2. I expressly give and grant the CITY the unqualified right, privilege, and permission to reproduce, publish, and circulate in every manner or form (including radio, television, newspapers, magazines, and the internet) video tapes, films, photographs, transparencies, and other images and likenesses of me, my child(ren), family, and/or property and audio recordings of my and their voices (collectively referred to as "video and audio recordings"), and I hereby grant, assign and transfer to the CITY all rights and interest therein at no charge. I specifically authorize and empower the CITY to cause any such video and audio recordings, to be copyrighted or in any other manner to be legally registered in the name of the CITY. I, for myself, my family, my child(ren), my heirs, executors, administrators and assigns, hereby remise, release, and discharge the CITY from any and all claims of any kind due to the use of such video and audio recordings, including all claims for damages or injunctive relief or libel, slander and invasion of the right of privacy.

NAME (PRINTED): _____

SIGNATURE: _____

DATE: _____